

Teacher:

B. Mason

Subject Area:

Principles of Law, Public Safety, Corrections & Security

Room No.:

517

Lesson Title:

Unit VIII

Personal and Work-Related Health, Safety, and Ethics

Lesson Date:

04/20 thru 04/24

Meeting Time/Period:

1st, 3rd 5th

Grade Levels:

9 - 11

TEKS:

§130.292(c) (4)(B)(C)

Essential Question:

How can employees keep their work environment safe?

The student will / can...

1. Define key terms
2. Identify the categories of hazardous materials
3. List common hazardous materials
4. Discuss methods for safe handling of hazardous materials
5. Use special requirements for handling hazardous materials to maintain a safe working environment
6. Recommend strategies for issues related to the safety and health of employees based on an assessment of a simulated workplace environment

Activities:

04/21/15

Activity: *Class Project*

Fitness Plan. Have students prepare a personal health and fitness program that includes a healthy diet and exercise plan. Each student must create a well-balanced diet and exercise regimen for a full seven days. The diet must include three meals and two snacks a day, along with appropriate beverages. The exercise plan must include both cardio and strength training. The students may research and use pre-existing exercise plans or programs if they adapt them to their own fitness needs. For example, if a student currently uses a commercial workout system, he or she needs to determine how to maximize the results by scheduling certain workouts on specific days. He or she may also choose to use and adapt a commercial diet plan. Use the Individual Work Rubric for assessment.

04/23/15

Continue 04/21/15 Activity: *Class Project*

Fitness Plan. Have students prepare a personal health and fitness program that includes a healthy diet and exercise plan. Each student must create a well-balanced diet and exercise regimen for a full seven days. The diet must include three meals and two snacks a day, along with appropriate beverages. The exercise plan must include both cardio and strength training. The students may research and use pre-existing exercise plans or programs if they adapt them to their own fitness needs. For example, if a student currently uses a commercial workout system, he or she needs to determine how to maximize the results by scheduling certain workouts on specific days. He or she may also choose to use and adapt a commercial diet plan. Use the Individual Work Rubric for assessment

Marzano Strateg(ies):

- *Summarizing and Note taking*
- *Classroom work and Practice*
- *Providing Feedback*
- *Recognition*
- *Q & A*

Instructional Delivery:

- *Warm up*
- *Unit VIII Personal and Work-Related Health, Safety, and Ethics*
- *Independent Practice:*
- *Review Notes Unit VIII Personal and Work Related Health, Safety, and Ethics/Reteach*
- *Unit VIII Personal and Work Related Health, Safety, and Ethics Quiz and Review*

Closure: Upon completion of lesson, students will be able to answer the following questions:

Texas Essential Knowledge and Skills for Career and Technical Education

§130.292. Principles of Law, Public Safety, Corrections, and Security (One-Half to One Credit).

(4) The student implements measures to maintain safe and healthful working conditions in a law and public safety environment. The student is expected to: (B) recommend strategies for issues related to the safety and health of employees based on an assessment of a simulated workplace environment;
(C) discuss methods for safe handling of hazardous materials

Materials/References:

- *Safety and Hazmat in the Workplace computer-based presentation*
Computers with Internet access
- *www.apwu.org*
- *www.safety.fsu.edu/hazmatmanual.html*
- *www.ci.los-alamitos.ca.us*
- *TDCJ Correctional Officer Academy Curriculum, Hazardous Materials video*

